

Target Chart

The following chart outlines the numerous potential targets on a fencing opponent and can be color coded to indicate the level of difficulty for you to hit a particular target.

Alternatively, you can use this Target Chart to track the areas where you are struck frequently. This can be then used to discover weak spots and areas that your defense has left open.

Note: All directions are from your perspective, facing your opponent.

- Very Hard
- Hard
- Challenging
- Difficult
- Average
- Easy
- Very Easy

